

# eats.

## Week 3

### Week Three commencing:

14th April 2021, 10th May 2021, 7th June 2021,  
28th June 2021, 14th July 2021

### Monday

Neapolitan Pizza  
or  
Sweet Potato  
& Salmon Fishcake

Herb Diced Potatoes  
& Mixed Vegetables

Iced Sponge Cake

### Tuesday

Pork & Apple Burger  
with Potato Wedges  
or  
Vegetable lasagne  
& Garlic Slice

Carrots and Peas

Marbled Cookie  
& Fruit portion

### Thursday

Traditional Roast Pork  
or  
Veggie Toad in the Hole

Roast Potatoes  
Carrots and Cabbage

Raspberry Ripple  
Ice Cream Pot

### Wednesday

Chicken in Gravy with a  
Pastry Top  
& Mashed Potatoes  
or  
Mac n' Cheese

Green Beans and Sweetcorn

Chocolate Rice Krispie Cake

### Friday

Crispy Baked Fish Fillet  
or  
Crunchy Vegetable Fingers

Oven baked Chips  
Baked Beans  
Garden Peas

Fruity Friday - A choice of  
Fruit Jelly, Fruit Yoghurt  
or Fresh Fruit Salad

#### Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

For information on allergens & intolerances visit [www.eats-catering.co.uk](http://www.eats-catering.co.uk)