



Physical Education Curriculum Overview			
Year A 2023 - 2024			
Class	Autumn	Spring	Summer
Sycamore	Class Teacher 1) Intro to PE (U1) 2) Dance (U1) Instructor 1) Games (U1) 2) Ball Skills (U1)	Class Teacher 1) Gym (U1) 2) Dance (U2) Instructor 1) Intro to PE (U2) 2) Fundamentals (U1)	Class Teacher 1) Gym (U2) 2) Fundamentals (U2) Instructor 1) Ball Skills (U2) 2) Games (U2)
Chestnut	Class Teacher 1) Team Building Y1/2 2) Dance Y1/2 (lesson 1-6) Instructor 1) Invasion Games Y1/2 2) Ball Skills Y1/2	Class Teacher 1) Gym Y1/2 (lesson 1-6) 2) Dance Y1/2 (lesson 7-12) Instructor 1) Sending and Receiving Y1/2 2) Target Games Y1/2	Class Teacher 1) Gym Y1/2 (lesson 7-12) 2) Yoga Y1/2 Instructor 1) Athletics Y1/2 2) Striking & Fielding Y1/2
Beech	Class Teacher 1) Gym Y3/4 (lesson 1-6) 2) Dance Y3/4 (lesson 1-6) + Yoga Y3/4 Instructor 1) Football Y3/4 2) Tag Rugby Y3/4	Class Teacher 1) Gym Y3/4 (lesson 7-12) 2) Swimming (external instructor) Instructor 1) Dodgeball 2) Tennis Y3/4	Class Teacher 1) Swimming (external instructor) 2) Dance Y3/4 (lesson 7-12) + Yoga Y3/4 Instructor 1) Athletics Y3/4 2) Cricket
Oak	Class Teacher 1) Gym Y5/6 (lesson 1-6) 2) Dance Y5/6 (lesson 1-6) Instructor 1) Football Y5/6 2) Tag Rugby Y5/6	Class Teacher 1) Swimming (external instructor) 2) Gym Y5/6 (lesson 7-12) Instructor 1) Dodgeball 2) Tennis Y5/6	Class Teacher 1) Dance Y5/6 (lesson 7-12) 2) Swimming (external instructor) Instructor 1) Athletics Y5/6 2) Cricket

Year B 2024 - 2025			
Class	Autumn	Spring	Summer
Sycamore	Class Teacher 1) Intro to PE (U1) 2) Dance (U1) Instructor 1) Games (U1) 2) Ball Skills (U1)	Class Teacher 1) Gym (U1) 2) Dance (U2) Instructor 1) Intro to PE (U2) 2) Fundamentals (U1)	Class Teacher 1) Gym (U2) 2) Fundamentals (U2) Instructor 1) Ball Skills (U2) 2) Games (U2)
Chestnut	Class Teacher 1) Team Building Y2/1 2) Dance Y2/1 (lesson 1-6) Instructor 1) Invasion Games Y2/1 2) Ball Skills Y2/1	Class Teacher 1) Gym Y2/1 (lesson 1-6) 2) Dance Y2/1 (lesson 7-12) Instructor 1) Sending and Receiving Y2/1 2) Net and Wall Y1/2	Class Teacher 1) Gym Y2/1 (lesson 7-12) 2) Yoga Y2/1 Instructor 1) Athletics Y2/1 2) Striking and Fielding Y2/1
Beech	Class Teacher 1) Gym Y4/3 (lesson 1-6) 2) Dance Y4/3 (lesson 1-6) + Yoga Y3/4 Instructor 1) Ball Skills Y3/4 2) Tag Rugby Y4/3	Class Teacher 1) Gym Y4/3 (lesson 7-12) 2) Swimming (external instructor) Instructor 1) Fitness 2) Tennis Y4/3	Class Teacher 1) Swimming (external instructor) 2) Dance Y4/3 (lesson 7-12) + Yoga Y3/4 Instructor 1) Athletics Y4/3 2) Tri-Golf
Oak	Class Teacher 1) Gym Y6/5 (lesson 1-6) 2) Dance Y6/5 (lesson 1-6) Instructor 1) Basketball 2) Tag Rugby Y6/5	Class Teacher 1) Swimming (external instructor) 2) Gym Y6/5 (lesson 7-12) Instructor 1) Fitness 2) Tennis Y6/5	Class Teacher 1) Dance Y6/5 (lesson 7-12) 2) Swimming (external instructor) Instructor 1) Athletics Y6/5 2) Tri-Golf
Vocabulary Examples:			
EYFS	Key Stage 1		Key Stage 2

Developing Reading in <u>Physical Education</u>		
EYFS	Key Stage 1	Key Stage 2